

Plymouth Mixer Dance

Pajama Party

Theme!

Wear your favorite cozy and modest sleepwear.
Slippers, teddy bear and don't forget the
Curlers!!

The winner will win a prize.
(participation optional)



Saturday, January 16, 2010
7:00 to 11:00 p.m.

This is a theme party you don't want to miss!

Dance Lesson: West Coast Swing (7:00 p.m.)
Special Guest Teachers: Mark Bradburn & Melissa Culbertson

Line dances, Freestyle, Ballroom, Swing, Latin
(Light snacks available)

Contact person: Mewsette Cartwright
mcartwright@fitnessforum.biz

Featuring D.J. Kaiser
Playing upbeat music for dancers of all ages to enjoy!!

Mark your calendars "Plymouth Dancing with the Stars" event February 6, 2010.

fitnessFORUM 
sports & wellness
@ LifePlex

Cost:

*Adult \$10.00

***(Bring a dish to share \$2.00 OFF)**

Dance Teachers: FREE
Jr. High & High School student \$8.00
College students: \$8.00
Children 12 years & under \$ 5.00

Attire: Casual to Semi Casual

*2855 Miller Dr, Suite 101 * Plymouth * Indiana * 574-936-2333x117 * www.fitnessforum.biz
See website for directions - No Alcohol/Smoking is allowed on the premises